Blurting Template

Print one per topic. Step 1–2: write from memory in pen colour 1. Step 3: check your notes and add missing points in colour 2. Step 4: copy colour-2 items into the gap list.

Subject	Topic	Round (1/2/3/4)	Date	Timer
				10 min

Everything I remember (no notes, no peeking) — formulas, definitions, diagrams, steps, examples, keywords

Gap list (everything in colour 2)	Turned into a flashcard? ✓

Key points in notes	Points I recalled	Recall %	Next blurt on

What to Blurt in Each Subject

Use these prompts to make sure your blank page covers what the exam asks.

Subject	Blurt these	Example topic
Physics	Formulas with units · one derivation step by step · labelled diagram · one typical numerical set-up	Electric dipole: field on axial line
Chemistry	Named reactions with reagents and conditions · mechanism steps · NCERT definitions · trends with reasons	Aldehydes and ketones: named reactions
Biology	Process in order · labelled diagram · key terms and their definitions · one example	DNA replication
Maths	Formulas and standard results · signals for choosing a method · one worked example from memory	Integration by parts; trig identities
History / Political Science	Causes → events → consequences timeline · key people and dates · one source-based point	Non-Cooperation Movement
Geography	Factors · distribution · map points · one case example	Types of soil
Economics / Business Studies	Definitions · features · diagrams · differences between related terms	Principles of management
Accountancy	Journal entry format · steps of a method · adjustments · one worked format	Admission of a partner

The 5 steps

1. Choose a small chunk (one topic, not a whole chapter). Revise it once, then close everything.
2. Blurt for 10 minutes on a blank page. Keep going for one more minute when you get stuck.
3. Check against NCERT or your notes. Add missing or wrong points in a second colour. Be strict.
4. Copy everything in the second colour into the gap list. Study only that.
5. Blurt again after 1 day, 3 days and 1 week. Move on when the page is nearly complete twice in a row.

Rules

- No peeking — one glance turns it back into re-reading.
- Learn the topic first; you can’t recall what you never understood.
- Turn every gap into a flashcard.
- Blurting doesn’t replace solving questions and timed papers.