14-Day Blurting Revision Plan

Learn one new topic a day for 10 days, and re-blurt each one after 1, 3 and 7 days (rounds 2, 3 and 4). Write your 10 topics below, then follow the daily list.

#	Topic	#	Topic
T1		T6	
T2		T7	
T3		T8	
T4		T9	
T5		T10	

Day	Tasks	Time	Done
Day 1	Learn + blurt T1 (round 1)	~25 min	☐
Day 2	Learn + blurt T2 (round 1); Re-blurt T1 (r2)	~40 min	☐
Day 3	Learn + blurt T3 (round 1); Re-blurt T2 (r2)	~40 min	☐
Day 4	Learn + blurt T4 (round 1); Re-blurt T1 (r3), T3 (r2)	~55 min	☐
Day 5	Learn + blurt T5 (round 1); Re-blurt T2 (r3), T4 (r2)	~55 min	☐
Day 6	Learn + blurt T6 (round 1); Re-blurt T3 (r3), T5 (r2)	~55 min	☐
Day 7	Learn + blurt T7 (round 1); Re-blurt T4 (r3), T6 (r2)	~55 min	☐
Day 8	Learn + blurt T8 (round 1); Re-blurt T1 (r4), T5 (r3), T7 (r2)	~70 min	☐
Day 9	Learn + blurt T9 (round 1); Re-blurt T2 (r4), T6 (r3), T8 (r2)	~70 min	☐
Day 10	Learn + blurt T10 (round 1); Re-blurt T3 (r4), T7 (r3), T9 (r2)	~70 min	☐
Day 11	Re-blurt T4 (r4), T8 (r3), T10 (r2)	~45 min	☐
Day 12	Re-blurt T5 (r4), T9 (r3)	~30 min	☐
Day 13	Re-blurt T6 (r4), T10 (r3)	~30 min	☐
Day 14	Re-blurt T7 (r4); Full-chapter mind-map blurt; compare with day 1 pages	~35 min	☐

Timing guide: about 25 minutes for a new topic (learn + blurt + check) and about 15 minutes per re-blurt. Adjust to your timetable — the gaps (1, 3, 7 days) matter more than the exact day.